

Rehabilitation Initiative for Children with disability in Hut - RICH

A. Goal of the project:

The overall goal of the project is to improve the quality of life for disabled children in poor families in Narail district. The components of project are: PRT/ADL, Medical support, Education, IGA/Poverty reduction and social inclusion.

B. Objective (specific) of the project :

The specific objectives of the project are:

1. Increased and more appropriate support for disabled children and their families which includes PRT , ADL , IGA , Device support , parents capacity building and others.
2. Reduce agony of children and enhance their capacity through removing physical complication, this includes check up /test, treatment /operation, medicine etc.
3. Integration of disabled children and young adults into the wider community, it refers to social inclusion /community mobilization.
4. Education and Life skills development. All kind of logistics and financial support for education.

C. Justification / Rational of the project:

To improve the quality of life of the children with disabilities (CWDs) in developing countries by providing rehabilitation supports like medical help, BIRD and appliances, special education and/or care, job training and/or small-scaled income generating support for parents or guardians to bring them into the position to offer the child the attention and care that he or she needs, making more people aware of the situation of Children with Disabilities (CWDs) and the causes of disability and possibilities to improve their circumstances are the aims of BIRD. The designed action will contribute to the mentioned aims and objectives of BIRD, that is, it is fully relevant to the above-mentioned aims of the BIRD to give access to medical and social rehabilitation to the CWDs. According to the baseline survey, there are about 1000 children with different types of disabilities, in the selected area of the action. They are living in very much miserable condition being excluded from the society though their life can be improved if necessary rehabilitation supports can be provided to them. But for lack of awareness of the parents, community people and the service providers about the situation of the children with disabilities (CWDs) as well as the causes of and the possibilities to improve their circumstances, lack of basic rehabilitation facilities in the local institutions and for extreme poverty of their family, most of these children are deprived from the accessibility to their basic needs and demands to be rehabilitated socially. In this situation, BIRD initiated to give medical and social rehabilitation supports for the CWDs in the area with the financial assistance of Narail Foundation in 2007. Over the period, 35 CWDs have been provided various types of supports like PRT, assistive device, medicine, operation, schooling and IGP. Through these supports the quality of life of those CWDs have been improved by gaining physical fitness, capacity to be admitted in formal schools and ability to be involved in income generating activities. Resulting that those 35 CWDs are now enjoying the accessibility to the society. Based on the experience, BIRD intends to create the same opportunities for more 50 CWDs of the area during the following year. In addition, BIRD realized through the previous experience that besides providing the mentioned supports, it is necessary to make the family members as well as the community people aware of the situation of children with disabilities (CWDs), the causes of disability, possibilities to improve their circumstances and their responsibility to meet the fundamental needs and rights of the CWDs. In this regard, BIRD designs this project to provide PRT to 50 CWDs, Activities of Daily Living (ADL) to 25 CWDs, medicine support to 20 CWDs, Test (medical/hearing) facility to 20 CWDs, Physicians fees for 30 CWDs, assistive device support to 25 CWDs, operation facility to 10 CWDs, Toys for 30 CWDs, education support to 10 CWD, schooling to 40 CWDs, IGP to 10 CWDs and follow-up services to 10 CWDs. Furthermore, 24 awareness meeting on disability issues. BIRD thinks that through this project the above mentioned support will contribute to social rehabilitation and improved life of the mentioned 50 CWDs and the social attitude towards the CWDs will positively be changed which will create a favorable situation for other CWDs in the area to meet their basic rehabilitation supports and needs.

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D. How the problem and target beneficiaries are identified?

As a part of its on-going activities every year BIRD conducts survey to find out disabled children thus a way BIRD has listed 250 disable children in its working area as at January31, 2009. Using the fund of Samir Foundation BIRD has established a school for disabled children. Every year a good number of disabled children's parents seek admission for their children, though seat is limited but all applicants are listed .Thus a way we have identified them. BIRD is working with Children with Disabilities (CWDs) since 2005 with the assistance of various local organizations. During this period, out of a range of activities towards rehabilitation of the CWDs, BIRD conducts needs assessment survey using an assessment format as tools and validation meetings with parents of the CWDs, local health service providers, and formal school teachers and previously supported CWDs to assess the situation and needs of the CWDs. In this process, the problems stated in this application are identified.

E. Participation and involvement of the beneficiaries during project design

At the design phase of the project children with disabilities –CWD and their parents are involved through community level consultation. The consultation collects information to design project. During the implementation period the parents of children will be involved at decision making process and some cases in-kind contribution. For the monitoring of the project participatory monitoring system will be pursued. The beneficiaries will monitor both programmatic and financial matter and provide report to PIC for necessary action.

F.

Target beneficiaries

No. of disabled	Category	Sex	Age group				
			0-5	6-10	11-15	16-20	21-25
50	Physical- 10, imputation -5, hear and speech - 15, vision impaired-5, intellectual -10	Male-20 , Female -30	9	12	9	13	7

J. Working area

Lohagara Upazila of Narail district.

K. Implementation strategy and Plan

K.1: Strategy

1. Direct service for agony free life of CWDs

According to the nature of disability, age and ability, the CWDs will be provided different types of PRT. Through this activity physical fitness of the CWDs will be improved and their capacity to use and maintain assistive device and easy movement will be enhanced. 25 CWDs will be provided the support for Activities of Daily Living (ADL). Through this activity the CWDs will be skilled in doing their daily activities individually like brushing teeth, bath, using toilet, wearing cloth, having meal, keeping themselves and their own things neat and clean, mixing and playing with others. By the ADL the CWDs will also be able to know the materials, size, shape, color, picture and to feel taste and smell. This activity will contribute to make the daily life of the CWDs easy and smooth. The CHDRP will provide these ADL at houses of the CWDs during the entire project period.

Activities under this strategy:

1. PRT service to 50 CWDs
2. ADL service to 25 CWDs

2. Sponsorship for education of CWDs

As the parents of the CWDs are living under poverty line so they are not afford enough to continue the education of their children. Specially the CWDs needs educational accessories, dress and school fees. So BIRD will provide schooling support like education materials, school dress and school fees. In addition 1 CWD, who is learning in an art college, will be provided educational support like cost for learning materials and college fees.

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Activities under this strategy:

3. School fees /Schooling to 40 CWDs
4. Provide school dress and materials to 40 CWDs

3. Initiative for removing disability complication and reducing it.

To remove the physical barrier and to diagnose the complication of CWDs financial help is no indispensable one. BIRD will arrange of check up, operation and medicine for all respective CWDs as per their complication. The check includes test of hearing level, eye sights etc. BIRD will arrange for operation of CDWs having complication of clap foot, clap lip, clap palate, eye cataract and other deformity. 50 CWDs will be provided medical rehabilitation support. Among them 21 will be provided Medicine Support. 21 CWDs will be provided Medical/Hearing Test to diagnosis and identify their deformity and hearing level. 13 CWDs will be provided Operation Facility who is impaired by clap foot, clap lip, clap palate, eye cataract and other deformity. In addition 24 CWDs will be provided support for Physicians Fees. These medical supports will contribute to improve the physical condition of the mentioned CWDs.

Activities under this strategy are:

5. Hearing level test of 10 of CWDs
6. Eye sight test of 5 CWDs
7. Operation to 10 CWDs
8. Medicine support to 30 CWDs

4. Reducing extreme poverty of CWDs family

To reduce the extreme poverty of the family of CWDs the project will provide IGA training and financial support to CWDs and their parents. The alternative IGA such as cow rearing, poultry firm and shop keeping will improve the livelihood quality of CWDs. A total of 3 CWDs and 2 parents of CWDs will be capacitated and get support from the project.

Activities under this strategy are:

9. Direct financial help to 3 CWDs and 7 parents to operate business and alternative IGA.

5. Initiative for smooth life and entertainment

To remove communication , moving and others complication this project is like to provide assistive device like artificial limb, standing table, corner chair, ankle foot orthosis (AFO), parallel bar, special shoe, tri-cycle, hearing aid, sealing and different types of toys among all targeted CWDs as per their respective needs .

Activities under this strategy are:

10. Device support to 20 CWDs
11. Toys will be provided to 35 CWDs
12. Annual sports will be arranged for all targeted CWDs and others CWDs of Khulna division

6. Inclusion of Community people for CWDs rehabilitation

To make the community people known about CWDs and their life, to arise the social responsibility of all community level stakeholders such as adult PWDs and their family members, members of civil society organizations (CSOs), people's representatives, GO-NGO service providers, journalists and teachers and students of formal schools will participate in the meetings. In the meetings disability issues, like causes and consequences of disability, rights of CWDs, scopes and opportunities to improve the circumstances of CWDs, and individual and collective responsibilities of family, society, institutions and state, will be discussed. This activity will contribute in preventing disability, changing social attitude towards the disabled children positively and creating accessibility to medical and social rehabilitation for the disabled people.

Activity under this strategy:

13. 24 community level awareness meeting will be arranged

K.2: Activity plan:

Activity	Time frame	Responsibility
1. PRT service to 50 CWDs	April, 09 to December ,09	All project staff (SLF)
2. ADL service to 25 CWDs	April ,09 to December, 09	All project staff (SLF)

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3. Schooling to 40 CWDs	April ,09 to December ,09	Coordinator
4. Provide school dress and materials to 40 CWDs	August ,09	Shuraya Pervin and organization MGT.
5. Hearing level test of 10 of CWDs	September , 09	Coordinator
6. Eye sight test of 5 CWDs	September , 09	-
7. Operation to 10 CWDs	September , 09	-
8. Medicine support to 30 CWDs	September , 09	-
9. Capacity building training of 3 CWDs and 7 parents	October , 2009	Coordinator, Mahmud Ali and Golam Mostafa.
10. Direct financial help to 3 CWDs and 7 parents to operate business and alternative IGA.	November , 2009	Coordinator
11. Device support to 20 CWDs	July , 2009	All project staff (SLF)
12. Toys will be provided to 35 CWDs	August ,2009	All project staff (SLF)
13. Annual sports will be arranged for all targeted CWDs and others CWDs of Khulna division	December,2009	All staff and stakeholder
14. Community level awareness meeting will be arranged	October ,2009	All project staff (SLF)
15. Capacity building workshop of parents	November ,2009	Coordinator, Mahmud Ali and Golam Mostafa.

K.3: Implementation arrangement

BIRD would have overall responsibility for project co-ordination through its rehabilitation section. The Project would be executed by and under the technical and administrative supervision of BIRD, following BIRD's rules and procedures regarding the acquisition of project services, supplies and works, involving the Project Steering Committee (PSC) at all times. Project operations would benefit from BIRD's extensive technical expertise and experience and the technical and operational backstopping from the staff at BIRD Head office as required. As much as possible, inputs would be procured from reasonable market, thereby ensuring their suitability and adaptability to local conditions.

The PWDs rehabilitation section has 3 dedicated project personnel who are all time available to deliver the service to CWDs and accomplish the proposed project activities. Besides this the head office will provide all technical and programmatic support to the project for its smooth operation. For the financial management responsibility a competent staff will play an additional role and the head of finance department will overview the whole process.

Project Steering Committee

A PSC would be established within BIRD. The PSC would be chaired by the BIRD Director. Admin Co-coordinator, Technical Adviser and Project Coordinator would be ex officio members of PSC. The PSC would provide oversight and co-ordination in implementation of the Project. The PSC would have direct responsibility for ensuring that the Project is implemented as designed and efficiently and effectively according to agreed work plans, particularly through full co-ordination. In this respect, PSC would approve work plans and review progress and results achieved. But PSC will have no role in the day-to-day operation of the Project. The PSC would meet on a monthly basis.

L. Outcome of the project

1. PRT and ADL enhanced CWDs[Children With Disability] life skill and reduced their agony from disability complication.
2. 50 CWDs are going to school as their schooling facility is ensured.
3. 20 CWDs are using assistive device to lead a smooth life and 35 CWDs are passing time with toys as a means of amusement.

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4. Eye sight complication of 5 CWDs is diagnosis and hearing level of 10 CWDs are detect.
5. 10 CWDs disability complication remove through operation.
6. Community people in favorable position to increase the accessibility of 50 CWDs.

N. Lesson learned / previous experiences

The BIRD has been involved in such support projects in Narail district since 2005. A number of important lessons, listed below, are being taken into account in the design of this project.

1. The project should have a simple project design that can be quickly and visibly implemented.
2. The project should be part of a programmatic framework based on a needs assessment.
3. The project should use, to the extent possible, existing project management capacity.
4. Support in the form of technical assistance and training could be incorporated into the capacity building part of the project design.

O. What is the monitoring and evaluation process of organization and proposed project?

The project will be monitored in the following three folds:

- 1) The organizational monitoring division, headed by the Director, will conduct regular monitoring through meeting with the assigned personnel, visiting the households of the CWDs and discussing with their family members, meeting with target beneficiaries, individual interview, key informant interview, literature review, and quantitative and qualitative analysis of data and reporting.
- 2) The assigned personnel will conduct regular visit, meeting and discussion and measure whether the objectives of the project are being achieved by analyzing the data, information and reports explored through different activities under the project.
- 3) Sharing of the regular progress of the action will be done with the participation of the target groups as well as final beneficiaries to identify the gaps and laps and to set proper strategy for implementation of the action.

In the above-mentioned process, to monitor the project, different types of checklist/semi-structured questionnaire will be developed and used as tools.

The evaluation of the project will be very practical knowledge based and assistive of exploration of actual outputs to be generated. The evaluation will be in two folds. These are as follows:

Community Based Evaluation:

The community based evaluation will be conducted at the field level by the target groups as well as the final beneficiaries of the project. Awareness meetings, interviews with CWDs, their family members and other beneficiaries and compiled case studies will be the platform of evaluation through the active participation of the civil society people. Following a process of participatory discussion the evaluation will be conducted.

Organizational evaluation:

The evaluation will be conducted by the Monitoring & Evaluation division of BIRD headed by the Program Head which will work as the third eye. By the middle and the end of the project period this evaluation will be conducted. The evaluation will be conducted following a previously designed method. Pre-prepared tools will be utilized to conduct the evaluation. The result of the evaluation will be presented before the higher authority of the organization. The higher authority will consult with the donors and other relevant stakeholders on the evaluation report.

P. Involvement of parents and community people during implementation of the project.

It has been mentioned earlier that this project is designed based on the needs assessment survey and some validation meeting in which the active participation of parents of the CWDs, local health service providers, formal school teachers and previously supported CWDs has been ensured. In all activities under this project, participation and involvement of any sort of people of the community will be ensured. Specially, the mentioned awareness meeting and training will be accomplished with the active participation of the community people. Also in the process of

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monitoring and evaluation of the project the participation and involvement of the community will be ensured.

Q. Reporting system

As per the reporting system of BIRD the project management will prepare monthly, half-yearly and yearly final report. Besides this the financial report will be produced as per the below mentioned table:

SL#	Report	Frequency	Responsibility	Reporting to
1	Monthly progress	Every month	Coordinator	Project steering Committee –PSC
2	Monitoring report	Quarterly	Monitoring officer	PSC
3	Progress report	Half yearly	Coordinator	PSC
4	Audit Report , Financial report	End of the project	Coordinator , Finance Dept.	PSC , Organization and Funding agency
5	Final progress report	End of the project	Coordinator , Program Dept.	PSC , Organization and Funding agency

R. What are the risk factors of the project and how did you identify it. What is the strength to solve /minimize the risk factors?

Obstacle (Risk factors)	Magnitude of risk	Identification method	Risk reduction plan
Less willingness of parents regarding CWDs education	Medium	Previous working experiences with same target group .	Inclusive consultation with parents
Using IGA financial support for daily needs by parents of CWDs	Low	Previous working experiences with same target group.	Regular follow up and provide logistics instead of money.
Reluctance of community people for CWDs issues.	High	Previous working experiences with same target group and same issue.	Taking initiative to involve govt. officials, political leader and mainstreaming CWDs rights through advocacy. (Partially solved; about 5%)
Natural disaster can hamper the process, if the disaster is as havoc.	Low	Previous experience	Quick response after disaster and set a side contingency fund.

S. Involvement of beneficiaries (children, parents and community) and other stakeholders in monitoring and evaluation system.

At the project implementation level the CWDs will participate in some cases and other context of participation their parents will attend for them. During the procurement of toys, school dress and others accessories the participation of CWDs will be ensured through their opportunity to choose sample item. The targeted CWDs also will be involved in evaluation and monitoring process as the respondent of interviews.

How other stakeholder is involved with the action are describe below:

BIRD would establish a Project Implementation Committee - PIC in its project areas. The PIC would be responsible for the day-to-day co-ordination of all activities, including individual project interventions. The PIC would also be responsible for the overall project management,

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including the selection of communities to benefit from selected area and service providers, procurement of inputs, and monitoring and evaluation. The PIC would comprise representatives of NGOs/CBOs, UP, Govt. office, Parents of CWDs, adult PWDs, community people (teacher, imam) and staff appointed by BIRD, all under the guidance of the BIRD.

Part B: Financial Plan

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1. A summary budget page of total costs by major budget line item (direct cost, activity wise shared costs etc.) in local currency (BDT)

Activity	Unit	Total unit	Unit cost (BDT) /child	Total support from GG (BDT)	BIRD , NF and SF	Grand total (BDT)
I. Action Cost						
PRT service	CWDs	50	3000	150000	-	150000
ADL service	CWDs	20	3000	60000		60000
Client Follow up charge	CWDs	40	2500	100000		100000
Cost for Physician's Fees	CWDs	20	1000 [5 times]	20000	20000	20000
Schooling to CWDs	CWDs	40	2500	100000		100000
Cost for test (hearing and medical)	CWDs	10	2000	20000		20000
Operation to CWDs	CWDs	10	10000	100000		100000
Medicine support	CWDs	30	2000	60000		60000
IGA support	CWDs	10	2500	25000		25000
Device support	CWDs	20	5000	100000		100000
Toys for CWDs	CWDs	35	1000	35000		35000
Annual sports	No./Yr.	1	50000	50000	50000	50000
Awareness meeting	No.	24	2500	60000		60000
Transportation for school learners	Person /Yr.	40	1000	40000		40000
Sub total action cost				850000	70000	920000
II. Admin. Cost						
Salary [including all allowances]	12 months	12500	150000	100000	50000	150000
Indirect cost [office supplies , utilities and others]	12 months	2500	30000	30000		30000
Evaluation / Mediator Monitoring Cost	2 time	2 time	25000	-	50000	50000
Audit Cost	1 audit	1 audit	20000	20000		20000
Subtotal Admin. cost				150000	100000	250000
Grand Total				10,00,000	1,70,000	11,70,000

Note:

1 USD [\$] = 68.5 BDT

So, Total budget BDT 11.70.000 = \$ 17080 [USD]

Fund requested from Global Giving BDT 10.00.000 = \$ 14600

Cost sharing:

- a. Donors through Global Giving \$ 14600
- b. BIRD \$ 1021
- c. Narail Foundation \$ 1021
- d. Samir Foundation \$ 438