

Star Program Report of Activities for 4th Quarter of 2010 (October – December)

Star Program Group # 1 – Ness Tziona:

Dates	Activity	Objective
10/3	Parents – students introductory meeting for 2010-2011 school year	Set expectations and present overview of expected annual activities together with representatives from Tel Aviv – Jaffa Municipality
19/10, 26/10, 2/11, 9/11, 16/11, 23/11, 30/11, 14/12, 28/12	Weekly field orienteering group workshop in conjunction with the Acharai Organization	Development of personal and social skills, obtaining topographical knowledge of Israel, outdoor survival skills, navigation skills, learning about plant species, etc.
10/29-28	Overnight field trip to the Ein Bokek region in Southern Israel	Development of personal and social skills, obtaining topographical knowledge of Israel, learning of positive values
12/9-8	Two day fieldtrip to the Negev Desert	Development of personal and social skills, obtaining topographical knowledge of Israel, learning of positive values
2/11, 9/11, 16/11, 23/11, 30/11, 5/12, 14/12, 21/12, 28/12	Capoeira Lessons (at a local Capoeira school)	Learning of the fighting/dancing art of Capoeira, coping with different social situations, development of self-confidence & "I can do it" attitude, self-discipline and control, social interaction taking into account "the other side"
8/11, 15/11, 22/11, 29/11, 13/12, 20/12, 27/12	Small group mathematics lessons for 10 th graders	Development of formal learning skills
,11/15 ,11/8 11/228/11, 15/11, 22/11, 29/11, 13/12, 20/12, 27/12	Small group English lessons for 9 th graders	Development of formal learning skills

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,11/15 ,11/8 11/228/11, 15/11, 22/11, 29/11, 13/12, 20/12, 27/12	Small group English lessons for 10 th graders	Development of formal learning skills
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Additional activities – Star Program Group # 1 – Ness Tziona:

-A supplementary food/nutritional program has been implemented as part of the field orienteering and Capoeira workshops

-One on one meetings with a Community Coordinator have been held with all participants as well as home visits with parents (to provide general & educational counseling/guidance, to develop an intimate relationship based on trust, to increase levels of cooperation and more)

-Weekly meetings (two hours per week) between four program participants and volunteers that provide tutoring in areas such as mathematics and personal mentoring/coaching

Star Program Group # 2 – Ness Tziona:

Dates	Activity	Objective
5/10, 19/10, 27/10, 3/11, 17/11, 24/11, 1/12, 22/12, 29/12	Field orienteering workshop in conjunction with the Society for the Protection of Nature in Israel	Development of personal and social skills, obtaining topographical knowledge of Israel, outdoor survival skills, navigation skills, learning about plant species, etc.
11/4	Field trip to Jerusalem (Wailing Wall, City of David) and participation in the official Sigad Holiday Ceremony	Strengthening the Ethiopian culture/background whilst encouraging identification with Israel's national institutions
12/7-6	Overnight field trip to the Ein Avdat Canyon as part of weekly field orienteering workshop	Development of personal and social skills, obtaining topographical knowledge of Israel,

		outdoor survival skills, navigation skills, learning about plant species, etc.
10/11, 21/11, 28/11, 12/12, 19/12, 26/12	Self-empowerment activities (delivered by Ariela Community Coordinator)	Development of personal skills (group management capabilities, leadership, behavioral boundaries, general knowledge and more)
8/11, 15/11, 22/11, 29/11, 13/12, 20/12, 27/12	Small group English lessons for 7 th graders	Development of formal learning skills
13/12, 20/12, 27/12	Small group English lessons for 8 th graders (group A)	Development of formal learning skills
13/12, 20/12, 27/12	Small group English lessons for 8 th graders (group B)	Development of formal learning skills
8/11, 15/11, 22/11, 29/11, 13/12, 20/12, 27/12	Small group mathematics lessons for 7 th graders	Development of formal learning skills
12/13, 20/12, 27/12	Small group Mathematics lessons for 8 th graders (group A)	Development of formal learning skills
13/12, 20/12, 27/12	Small group Mathematics lessons for 8 th graders (group B)	Development of formal learning skills

Additional activities – Star Program Group # 2 – Ness Tziona:

-One on one meetings with a Community Coordinator have been held with all participants as well as home visits with parents (to provide general & educational counselling/guidance, to develop an intimate relationship based on trust, to increase levels of cooperation and more)

-Weekly tutoring encounters (one hour each) between one participant and a volunteer

Star Program Group # 3 – Tel Aviv-Jaffa:

Dates	Activity	Objective
11/10	Meeting with parents	Introduction to Ariela and its activities
12/10	Introductory meeting with program participants and Ariela staff	To begin building a relationship, motivation and a sense of belonging to a special group
17/10, 24/10, 31/10, 7/11, 14/11, 21/11, 28/11, 9/12, 12/12, 19/12, 26/12	Self-empowerment activities through a psycho drama workshop delivered by a professional moderator	Development of social and personal skills such as personal ambition, exposure to different professions, exposure to positive role models of inspiration, development of a “can do” attitude and more
4/11, 11/11, 18/11, 25/11, 2/12, 16/12, 23/12, 30/12	Field orienteering workshop in conjunction with the Society for the Protection of Nature in Israel	Development of personal and social skills, obtaining topographical knowledge of Israel, outdoor survival skills, navigation skills, learning about plant species, etc.
12/7-6	Overnight field trip to the Ein Avdat Canyon as part of weekly field orienteering workshop	Development of personal and social skills, obtaining topographical knowledge of Israel, outdoor survival skills, navigation skills, learning about plant species, etc.
20/10, 27/10, 3/11, 8/11, 15/11, 22/11, 29/11, 6/12, 13/12, 20/12, 27/12	Small group English lessons for 7 th graders	Development of formal learning skills

31/10, 7/11, 14/11, 21/11, 28/11, 12/12, 19/12, 26/12	Small group English lessons for 8 th graders	Development of formal learning skills
3/11, 8/11, 15/11, 22/11, 29/11, 6/12, 13/12, 20/12, 27/12	Small group language skills lessons for 7 th graders	Development of formal learning skills
3/11, 8/11, 15/11, 22/11, 29/11, 6/12, 13/12, 20/12, 27/12	Small group language skills lessons for 8 th graders	Development of formal learning skills
31/10, 7/11, 14/11, 21/11, 28/11, 12/12, 19/12, 26/12	Small group mathematics lessons for 7 th graders	Development of formal learning skills
3/11, 8/11, 15/11, 22/11, 29/11, 6/12, 13/12, 20/12, 27/12	Small group mathematics lessons for 8 th graders	Development of formal learning skills

Feedback/results from activities:

- 1) The counsellors of our partner organizations that deliver field orienteering workshops have informed us that our groups excel when compared to other groups they work with in terms of team work, mutual assistance, seriousness, maturity levels, responsibility and the high levels of interest they express towards the activities. We have also been told that our participants deal more effectively (than other groups) with the physical challenges involved in the field trips.
- 2) The educational counsellors from the schools we work with have reported significant positive changes in terms of behavioral patterns, self-discipline and the way Star Program participants approach their studies.
- 3) Grade point averages for many of the participants have improved significantly. In the written trimester report cards issued by one of the schools, it was noted that “due to Ariela’s assistance” learning achievements have improved considerably.
- 4) School staff has reported that some of the participants display “a glow of shining happiness” since commencing Ariela activities and constantly talk about how much the activities contribute to their learning/growing process.

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- 5) One of the English teachers has reported that the levels of self-confidence of some of the program participants have improved dramatically, as well participants' studying patterns which have become much more systematic and effective.
- 6) The social skills of several of the participants have improved dramatically. One of the participants who was quite introverted in terms of his social interaction has now become a team player and developed a large network of social connections as his self-confidence continues to grow.
- 7) Professional staff that delivers activities to Star Program participants has reported that students can now articulate ideas more clearly in group meetings and oral language skills have improved considerably. More bashful participants that would not have spoken out within the group are now confident enough to express themselves freely in public.
- 8) Parents of some of the participants have improved behavioral patterns of parental responsibility and involvement. For example, many of the parents now inform us ahead of time if their child cannot make it to the activities, as opposed to not letting us know at all. Parents now understand the importance of organizing family schedules in accordance to their children's educational needs.