

*Msimamo newsletter is Vijana Amani Pamoja's quarterly bulletin that contains in-depth news, stories and activities that take place within VAP and the community that it serves. The newsletter gives a clear picture of WHO we ARE and WHAT we do. Msimamo means "MY STAND."*

## C.E.O'S MESSAGE.

*"On the run!"*

As everything and everyone's business in this world has already covered half kilometers of the year 2011, it is important to pause and take a few minutes and get into a commercial break with highlights of the success and challenges of the last six months. VAP being a signatory and a subscriber of the business of leveraging the power of sports for social change amongst the youth, just like other like-minded, countless organizations around the globe, it has so far achieved a lot as far as its obligation is concerned. One of the greatest achievements has come through the monitoring and evaluation systems. The introduction of scorecard and sales force for the Skillz Kenya HIV/AIDS education program and the collection of the participants' stories for the Mrembo program has played a significant role into our daily Work. Subsequently the challenges have never been left behind, we have

experienced slight challenges in our program delivery especially in some schools, but this has been rectified by working very closely with the city department of education and VAP is entitled to submit progress reports at the end of the year to the office of the chief advisor of public schools, BIG thanks to Mrs Catherine Gichuba, Assistant Director City Department of Education.

## VAP Multi Media ICT learning camp for Youth

*"VAP Goes Digital."*

On 3rd August 2011, VAP together with several youth organizations from Africa, India, Pakistan, Syria and South America participated in a conference call organized by Heart In Action, a CSR project of Asita Informatic Inc. The aim of Heart in Action is to create a youth network forum where the youth will network and share positive life experiences through a new media ICT movement. During the online international conference 30 youth attendees from all the organizations, 5 VAP Skillz Kenya HIV/AIDS program participants shared their story on how skillz Kenya intervention program has impacted their lives. Other

youths had a similar time to express how their lives had been transformed through different activities e.g music, drama etc. The aim is to make this conference an annual event.

### 3<sup>rd</sup> Annual Kick”N”Test VCT and TB Screening soccer Tournament



The 3<sup>rd</sup> annual Kick N Test VCT and TB screening soccer tournament to place on 16<sup>th</sup> July 2011. A total of 16 teams both boys and girls from all the walks of Eastlands coverge at Kiambio community grounds in readiness to get have fun, score points both ON and OFF the field. The teams did not get points only for winning and drawing a match but also for participating in the skillz Kenya HIV/AIDS, and TB awareness activities as well as visiting VCT and screened on TB. A total of 81 participants got tested and screened on tb

-VCT testing

### Skillz Kenya program around the schools and Community centres

*“Programs on the field!”*



Participants going through Skillz Kenya HIV/AIDS activities

### 2<sup>nd</sup> Phrase Training with Coaches Across the continent

From 3<sup>rd</sup> to 6<sup>th</sup> August VAP partnered with coaches Across continent. For a training workshop that Entailed the whole spectrum of life skills e.g. HIV/AIDS etc. Additionally coaches were trained On youth coaching tips and drills to Support their Daily work. A total of 25 coaches were awarded with Certificates from coaches across continents.



Coaches during training

### Skillz Activity of the Month

The most interesting Skillz Kenya activity is **Juggling my life**. The activity’s key messages are: in life, there are things you have to do and things you choose to do.

## New Scorecard Monitoring and Evaluation System

For the last couple of weeks, VAP and GRS developed the Scorecard – an excel M&E tool that captures basic indicators, including attendance, demographic data, and pre-/post-survey data. The VAP team has been regularly submitting their accurately completed Scorecards to GRS in Cape Town who have been uploading the information into the Sales force online database. VAP uses the scoreboard to track performance in all the program centres in schools and community centres. Additionally, every VAP Skillz Coach has been entered in the database, which allows VAP to capture up to date personnel information on all the project

staff and volunteers. VAP is now able to analyzing and sharing results internally.

GRS team, VAP has been able to effectively improve performance by analyzing and sharing results internally.

## GIZ Representatives visit VAP programs

From 28-30<sup>th</sup> May 2011, two representatives from GIZ youth development football from South Africa, Cora and Marietta both based at the University of Johannesburg, visited VAP as well as Mathare Youth Sports Association (MYSA) a very well respected sport for development organization in Kenya. The purpose of the visit was to conduct an intensive interview and evaluation of VAP programs and its impact on both youth participants and the community at large. The GIZ team conducted interviews with VAP administration staff, Coaches and program participants of different age categories, as well as family members of the participants. The initial outcome of the interviews and evaluation painted a clear picture of the challenges that youth encounter on a daily basis, and the positive impact VAP is having in the community.

## Coach of the Month

No doubt that this month's coach of the month title goes to the 25 year old Elizabeth Okinda, better known as Liz. Liz has been so outstanding in her responsibilities not just as a Skillz Kenya coach but as a Mrembo coach as well. Her multi tasking duties confirms the tenacity and the passion she posses for the community.



*To integrate social and economic values through sports by creating a pro-active health environment*

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