



*Msimamo newsletter is Vijana Amani Pamoja's quarterly bulletin that contains in-depth news, stories and activities that take place within VAP and the community that it serves. The newsletter gives a clear picture of WHO we ARE and WHAT we do. Msimamo means "MY STAND."*

## C.E.O

### ***"Make Your Move!"***

At the end of each year, people usually take stock of what the year has been. As the ambassadors of HIV/AIDS, VAP would wish to encourage you to take stock of your health and ask yourself: have I been tested for my HIV/AIDS status? This is one of the most priceless gift you would ever give to yourself and enhance the HIV Free generation campaign.

At VAP we have been in the forefront applying innovative HIV/AIDS prevention Skills and also conducting soccer tournaments dubbed "Kick N Test VCT soccer tournaments" where young

people from various walks get a chance to know their status.



### ***"Kenya's HIV/AIDS Infection rate drops down by 2.5% Kenya Aids Indicators survey."***

## WORLD'S AIDS DAY

On Dec 1, 2010 VAP in conjunction with Sports Connect a youth soccer organization based in Eastlands organized a soccer camp for under:14,18 and 20. The event was held at Buru Buru sports ground and VAP were at hand to conduct HIV/AIDS Skillz program. Amongst the Skillz conducted were: Find the ball, Risk field and Pressure limbo. These activities allow youth to explore issues relating to HIV/AIDS and gain necessary skills that lead to healthy lives. The skills are flavored with critical thinking, communication, self-esteem and decision making amongst others.



## ALL SYSTEMS GO FOR COMMUNITY CENTRES

After much concentration of delivering skillz programs in schools, it's now time to shift the gears and focus solely on community centres now that schools have closed for the festive holidays. With fresh information from the recent training of coaches' course, VAP is working with 5 new youth centres: sports connect, Mbotela foundation, shelter of hope, Madiwa city and Buru Buru sports academy as other community centres are just on the verge of their graduations.



Skillz Participants at Buru Buru Center



Skillz Participants at Madiwa Center

## MREMBO HOLDS A GIRLS SEMINAR AT UNDUGU

Due to an increased incidence of girl child abuse in Majengo slums, a group of Mrembo mentors organized a one day seminar at Undugu centre with a theme of "My future". The seminar was held after few girls from Undugu centre had been engaged in early commercial sex with older partners from within Majengo slums who had seduced them. The Undugu administration had to invite Mrembo mentors who conducted several health topics that embedded issues relating to sexual reproductive.



## Skillz Program around our schools and community centres1

Musa Otieno Soccer Academy



Skillz participants at Ligi Ndogo



Skillz participants at Kings School



Skillz graduates at Mbotela Foundation





## **VAP COACH GRADUATES AND LANDS ANOTHER SCHOLARSHIP TO PERSUE HER DEGREE COURSE AT UNITED STATES INTERNATIONAL UNIVERSITY (USIU)**

Through the sponsorship from For-Granted Inc one of VAP's partners, Linda Kafwa a VAP coach has just graduated with a Diploma in catering from Unity College of professional studies. Linda Kafwa has been an excellent student who has been giving back her unwavering support and services to the community through VAP. Additionally, her tremendous college performance has earned her another scholarship to persue her degree course at United States International University (USIU). The other For-Granted scholarship beneficiaries: Edwin Ochieng and David Oduor who are also VAP peer educators are still pursuing their journalism courses at East African school of Media Studies. The two have been so instrumental too and have been taking pivotal responsibilities Within VAP including; newsletter development, video-shooting, photos etc.



David and Linda during their graduation



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