

# Angaza Sports and Development Centre

## Profile



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"Changing lives and communities through sport"

## 1.0 About us

**ANGAZA SPORTS AND DEVELOPMENT CENTRE** is a community and youth driven Non-Governmental organisation (NGO) based in Thika town 40km from the capital city, Nairobi. Founded and started its operations in 2008 and registered as an NGO in 2009, the organization intervenes on youth and children rights, HIV/Aids awareness and life skills, economic development, education, girls child empowerment and peace building and reconciliation. Angaza upholds the power of sport as an all terrain vehicle for addressing the above interventions and has already impacted more than 1500 youth between 10 – 23 years.

Angaza is a Swahili word meaning light and aims to live by its name and become a beacon of light in the field of sport and development.

### **Vision;**

“Youth and Sports developed through world class sports and development programs”

### **Mission statement;**

“To be the leading professional sports organization in Kenya, providing effective sporting and social inclusion initiatives for youth and children.”

### **Our Values;**

- Motivate and inspire
- Teamwork
- Maximum participation and inclusion
- Total enjoyment and learning
- Integrity

### **Targets beneficiaries**

- Youth and children between 10 – 23 years
- Local community

## 2.0 Programs/Platforms

### 2.1 Sports

Sport is the primary intervention tool that Angaza uses to mobilise children, youth and communities. It has proved to be a unique all-terrain vehicles that knows no bounds, its international in scope, intercultural in appeal and there are no social hang – ups. It moves swiftly through all differences – race, religion, age, gender and status. Sport is a great common denominator, opening doors to all levels of society.

Currently football is a major sports code for the youthful community in Thika. The program is managed by a Sports council formed by youths who have a passion in Sports and Development. It involves a number of activities aimed at developing youths and sports in general in the area and impacting the future development both in Sports and through sports in the country.

The year round football league in the age categories of U10, U12, U14 and U17, including boys and girls, The Totos U10 tournament which commences at the last quarter of every year, football clinics that takes place in every last

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weekend of each month, daily and weekly sports training sessions, participation in locally and internationally tournaments are among the activities forming the program.

We are also focusing on training professional football coaches, referees, sports administrators, sports injuries and First Aid and Event management (leagues & tournaments). In future we plan to have a football school for excellence for the community in Thika with well-developed sports facilities e.g. fields.

## **2.1. Angaza football academy**

While Kenya as a country has been left behind to watch the on goings in the world of football, it is still a highlight in other key sports code around the globe, i.e. Athletics, Rugby and Cricket.

Football administration in the country have not managed for decades to develop a football structure that will groom the talents in youths, less coaching education are in place for the trainers, whilst the talent both in leadership, players and coaches are visible.

Angaza football Academy program aims to “**set up quality football development program**”, to improve the level of football in the country, and produce world class football talents, as players, coaches and administrators.

Football Academy program is implemented alongside Sports and Inclusion program, which provides the platform for talent identification and further nurturing in the Football Academy.

The program was started in 2009, and is managed by passionate qualified personnel in the field. Currently the program has a number of All Stars teams in the age categories of U10, U12, U14, U16 and trained coaches at every level developing the players.

The youth football development structure is in place, with the administrators, coaches' trainers/assessors, coaches, referees; all stars teams and a number of target activities.

The program has a senior boys (men) and girls (female) teams, whose missions are to represent Angaza in National league, tournaments.

## **Future plans**

Build a world class football and leadership academy in Thika which will produce international recognized talents who will in turn influence sports leadership especially football in Kenya and become “*A beacon of light in sport*”

## **2.2. HIV/Aids and Crime reduction**

HIV/AIDS education, Substance abuse and Life Skills trainings are integrated into the sports activities with an aim of addressing the key social challenges that are facing the youths in Thika. Angaza uses sport as a way of bringing youth together to participate in fun and educational games and activities while delivering knowledge and practical skills about how to live a positive and healthy life. Sport and physical activity are used to build awareness about HIV and AIDS while also encouraging peers to discuss issues affecting their lives and their communities. The model goes beyond HIV and AIDS education and places a strong emphasis on facilitating the development of life skills in youth. Among the challenges that the youth in Thika are facing are school dropout and lack of school fees to further their secondary education.(*Angaza annual report 2011*). It's evident in our two Centre's that this challenge leads to many more challenges namely drug and substance abuse, child prostitution, crime, illiteracy etc. We have introduced

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ongoing football leagues in our two Centre's i.e. Makongeni and Kiandutu in order to keep the youth and children engaged as we equip them with skills that they can apply in their daily living and overcome the daily social challenges in their community.

### **2.3. Youth and Children rights**

The systems in Kenya provide limited information about youth and children rights and mostly this information is inaccessible to them. We integrate this in our trainings as part of raising informative and active youth for national development. This intervention also helps build peace and reconciliation among the youth who have joined different sects within the community. We advocate for *participation rights* that allow children and adolescents to take an active role in their communities (e.g., the freedom to express opinions; to have a say in matters affecting their own lives; to join associations etc)

### **2.4. Capacity development**

The aim of this program is to provide capacity trainings aiming at quality delivery of the entire Angaza programs and at the same time preparing youth and volunteers leaders for the outside world.

Currently we conduct the following trainings for the youth:

- Football coaching and refereeing
- Event management skills (tournament and league management trainings)
- Sport administration and development
- Leadership and mentorship
- Environment conservation awareness
- Peer education
- Entrepreneurship

### **2.5. Empowering girls – Go sister's girl's project.**

Angaza initiated a girls program to help the adolescent and teenage girls gain access to female driven development activities in life skills and HIV/Aids, culture, leadership, and peer education.

The impact of these activities are to build self-esteem and leadership skills for the girls; increase gender consciousness; raise awareness and exchange information concerning the various issues affecting young females in the informal settlements in Thika (e.g., sexual and reproductive health, teenage pregnancy, gender based violence, rape, prostitution, etc.) – talking with girls about making right choices in life and assertiveness – saying “No” to what you do not want and “Yes” to what you want.

Angaza increases girls' opportunities and perspective through a mentoring and role modeling programme connecting younger and older professional females to one another. The impact on the community is to change the perspective of how women are seen as capable human beings who can bring change in the world and not as confined to roles of domestic chores and serving others.

The program also encourages and facilitates girls formal education. Parents and leaders are engaged for necessary support, and the organization takes the role of facilitating this process. The overall aim here is to produce learned

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independent women who will be in the fore front of contributing the socio-economic development of their communities.

Girls are targeted and recruited into the program at early and easy to build/develop age, that is, between 10 – 17 years. And with the above remaining as key focus areas, sports is a very important vehicle here, where by mobilization, recruitment, assessment/monitoring of the girls' growth is done through the existing sports and life skills program.

## **2.6. Tunaweza Project.**

In Angaza we are committed to changing the lives and livelihoods of our youth and community at large, Tunaweza Project core focus is to empower the youth with entrepreneurship skills that will boost their economic development. The project targets very active and promising leaders and youths as beneficiaries. The project aims to live by its name and become a beacon of light for instilling hope, inspiration, skills and offering opportunities for creativity and innovativeness to the beneficiaries.

So far we have trained the first beneficiaries and we have two projects running i.e. pig farming and fish retail.

The project has t three focus areas;

- Training the youth on entrepreneurship, helping them develop business plan for the ideas they have and supporting them to start the enterprises.
- Setting up Income Generating Projects; designed and identified projects are, Green housing, Cattle (dairy and meat) breeding, Chicken (layers and broilers) breeding, Car washing, Property development (hostels, guest houses).
- Trainings and Capacity development; identified leaders and youths undergo trainings in entrepreneurship, Micro, Small and medium enterprise, M&E and reporting, project management and finance management.

The project selects its beneficiaries as follows;

- Very active and promising youths and leaders are given opportunity to join in groups of 3 to 5 people, discuss and define an idea, with intent to develop it further into a project for implementation.
- Individuals in the organization with brilliant business and investment ideas are incorporated into the project and supported to develop their ideas into a project reality.
- All the beneficiaries are recruited from the ongoing Sports and Development programmes which are the core of each and every strategy and project in the organization.

This projects plan to grow into a community managed micro finance (CMMF) in order to benefit the wider community.

## **2.7. Community outreach and environmental awareness – Mtaa Safi Project.**

This project aims to conserve the environment through planting of trees, community clean up, general hygiene and sensitizing the public on the significance of conserving the environment to at least its natural status and maintaining cleanliness within Kiandutu community and its environs.

Angaza Kenya teams, players and leaders commits to monthly Mtaa safi activities, community members and leaders are engaged and environment conservation awareness is created to the community.

The project has a belief that *'a clean environment'* is a recipe to a healthy life style and helps greatly in curbing disease that endanger people's lives as a result of a dirty environment.

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## **2.8. Angaza Ndoto(dreams) Project**

The aim of this project is to have youth and children who are *'educated, inspired and be able to see their future with much optimism'*. The youths are engaged through weekly discussion forums in realizing their conditions, problems and challenges and developing solutions for their challenges. They make beadwork e.g. bracelets, necklaces, and bangles etc. that are sold locally and internationally and from the profit they are able to access scholarship for their education. They are as well engaged in the mentorship programme (life skills, education and career mentorship), inspirational programme and activities in order to open their minds, so that they can see real possibilities in life and provided with access to information through a community library. Through the forums we have role models who are invited to interact with the youth and children as they share and inspire them. The goal is to have "Educated, Inspired and Empowered" young leaders.

Thematic and Intervention Areas;

- Scholarship programme.
- Mentorship programme.
- Inspirational programme.
- Community Library

## **2.9 Rafiki club**

### **How Rafiki club works**

Rafiki club is open to individuals who are willing to become friends of Angaza by supporting children who are participating in our program through secondary education or by donating towards workshops organized to equip the children with life skills.

\*\*Rafiki means friend in swahili

### **Long term impact of the Rafiki club**

This initiative will help disadvantaged children and youth in Makongeni and Kiandutu centres access formal education thus preparing them as future independent citizens and generally alleviating poverty and unemployment in the long term. Further the initiative will help equip the beneficiaries with life skills through organized on going trainings which will enable them make right decisions.

### **How the children are selected!**

The children are only selected from our areas of operation in Thika and are selected by a committee formed to oversee the process. We have established a criterion where by children who are needy and are consistent participants in our ongoing programs are selected.

## **3.0 Impact so far**

Angaza's interventions since 2008 to date have shown positive developments in the lives of children and youth and as well as local communities; some of the impacts are as follows:

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- Initiated the only community football league for the U10, U12, U14 and U17 youth in Thika, reaching more than 50 teams and 1250 youth and children. This has **increased youth participation** and **improved sports skills** for the youth.
- We have so far managed to take **4 children** back to secondary school and **3 to colleges and university** levels and they are continuing with their studies and **3 youth** have started small enterprises.
- **Leadership development**; Angaza is founded and run by the youth themselves, by giving youth opportunities to lead has raised a young generation of leaders in the area who are responsible and enlightened.
- **Community engagement and involvement**; parents and community leaders are now involved in development work in Thika; this was facilitated by using the youth to bridge the gap and actively engage their parents in community work.
- **Improved HIV/Aids and life skills awareness among the youth**. In 2008, majority of the youth could not make informed choices about their life. Angaza started integrating this into Sports programs; currently 50% of active youths in Angaza possess and are aware of the fundamental life skills.
- **Gender balance**; Angaza believes in advocating and engaging both genders in its development work. Girls are able to do all that boys are doing in the organization; there is improved participation leadership and activities.
- Established **Angaza football academy** with U10, U12, U14 and U16 teams and trained coaches to run the academy on Coach Education Level 1 and 2
- **Established local and international networks**. Since the organization was started, it has managed to attract very important local and international partners and networks. The organization is intact with the community and the local authorities and institutions.

***NB; Angaza future plan is to have a center for excellence that will be a beacon of light for the children, youth and the community and play an important role in development work in Kenya. This will also help developing a self-sustainable programme for the children, youth, sports and community development.***

#### **4.0 Get involved**

In Angaza we believe in joining hands, it's not our sole contribution the far we have come and the miles we have covered since 2008. We attribute this to the power of networks and complimentary approach to development. You can be part of Angaza work by;

- Partnerships and networking
- Volunteering
- Telling Angaza's story
- Sharing knowledge and skills
- Donating to one of our programs
- Joining us on our social networks

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