

SUMMER CAMPS 2014



ASOCIACIÓN JUVENIL ATZ



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1. DESCRIPTION OF THE ACTIVITY

The ATZ Association summer camp held during the month of July 2014 Navacepeda de Tormes (Avila).

This camp aims to provide a set of alternative activities that complement the work of the Association throughout the year and contribute to the integral development of children and adolescents. This contact with nature is enhanced, giving the child the opportunity to broaden their experience and skills through coexistence and contact with the natural environment.

2. SUPPORTING ACTIVITY

Working with children in their spare time, provides a rich educational environment for personal growth.

The playful nature and training activities, coupled with the possibility of belonging to a group, work together, be responsible for themselves ... among other things, offers children and youth the opportunity to learn values and norms of coexistence that will impact very positively on your lifestyle.

That is why we consider very positive offer a summer camp as space and time non-formal learning, fun and healthy



3. DESCRIPTION OF THE ASSOCIATION

This project is included in the " Plan of care and prevention with children and families " Social housing residents in the neighborhood Costillares , holding the ATZ Youth Association .

In the area there are hardly any resources that children and youth have access to occupy their free time.

Besides the socioeconomic status of most of these families is very low, which means that in the summer, neither parents nor children often leave the neighborhood to enjoy a vacation , either for work or because there is no money to be able to go the whole family.

All this , joined with the social characteristics of the neighborhood itself (consumption and trafficking of drugs, problems of coexistence between non-gypsy and gypsies , alcoholism , family problems ...) and that most young people spend much of the day on the street, necessary alternatives that kids know and relate in healthier environments.

The actions of the Plan would be in the line of prevention from the education of the kids , pursuing the general objective : " Provide overall care of children to prevent situations of marginalization and crime , focusing on the reality of the kid in the family, school and leisure time . "



4. OBJECTIVES OF THE ACTIVITY

We intend that the camps are a space where coexistence and good relations between boys and girls.(That they relate without conflicts but, if they arise, are resolved positively, collaborate and cooperate with compeers)

We want to encourage the autonomy and responsibility of the kids / as in their grooming habits (hygiene, clothing, ...), food, common tasks (cleaning, shift ...).

It is important to carry out their individual tasks and common tasks to improve the functioning of the camps.

We also suggest that children actively participate in the camps, making proposals, executing activities and assuming responsibilities according to their age.

We want to foster spaces where they can review the day to day operation and create a participatory dynamic.

We want to exploit the power that enables us space, so that the children know other realities and further encourage their creativity.

To spend a fun vacation and are a prize for the children who have participated in our activities during the course.

5. GENERAL ACTIVITY

5.1. Target

The activity is intended for 45 children, aged between 7 and 14 years.

The distribution will be made into two groups according to age:

- Small (7-10 years)
- Seniors (11-14 years)

5.2. DURATION AND DATES

The camp will be held from 15 to 21 July 2014.



5.3 Place

The camp will take place in the village of Navacepeda de Tormes (Ávila).

Due to its characteristics it is an ideal natural environment for conducting marches on foot or hiking activities and especially to strengthen relations with nature.

The hostel has 50 beds in three rooms with multiple bunk beds (using sleeping bag required). It has a multipurpose room equipped with audiovisual equipment and perfect slate for training activities. Dining room, bathrooms for boys and girls. Cooking for large groups. The machine is designed for people with physical disabilities

6. ACTIVITIES

6.1. METHODOLOGY

The methodology used is characterized by:

Participatory: The involvement of all the kids in the whole process of the activity, from preparation to evaluation.

Active: This involves participation in all activities of all the kids.

Motivator: Have attractive, and are in the interests of the kids

Personal and personalizing: That meet and foster self-esteem from relationships of trust and friendship.

Globalization: To consider the person as a whole and as a member of different systems (from the family to the neighborhood or city).

6.2. TYPES OF ACTIVITIES

CULTURAL ACTIVITIES:

- Introduction Games, knowledge and confidence.
- Gymkhanas and track games such as environmental gymkhana, gymkhana of the senses, Treasure Hunt ...
- Workshops: With creativity we develop.
- Theatre, songs and dances

SPORTS:

Sports and Olympics: Children practice classic sports like football, basketball but also Short games such as rescue, dodgeball, the scarf ...



OUTDOOR ACTIVITIES:

Marches and hiking: Participants will enjoy the natural environment that offers Navacepeda de Tormes.

Every afternoon we go down for a swim in a pool.

Excursions. An excursion to Hoyos del Espino will be used. We will make a multisport activity.

NIGHT ACTIVITIES:

Evening: In these times of games, songs and bedtime stories are shared.

Games lanterns: gymkhanas, race tracks or games.



7.1. SCHEDULE

8:30 Waking

09:00 Breakfast

09:30 Cleaning

Activity 10.30 am

12:30 Free time

13:30 Lunch

14:30 Free time

16:00 Swimming pool

17:30 Snack

18:00 Activity

19:30 Showers

20:30 Dinner

21:00 Free time

22:00 Evening activity

23:30 Sleeping

24:00 monitors Meeting



7.2. HUMAN RESOURCES

The team is formed by a coalition of Leisure and Recreation, 10 monitors of Leisure Time and kitchen support staff and logistics.

7.3. HOUSEKEEPING

The order of the rooms will be held by the children every day after breakfast. The general cleanliness of the hostel will be provided by a person who is specifically responsible to perform such work.

7.4. KITCHEN

The kitchen staff is composed of two chefs, an assistant kitchen and a click.

7.5. GUARDS

Free time between activities will be supervised by monitors based on a guard duty.

7.6. HYGIENE AND HEALTH

There is a responsible person of the health area that handles everything related to falls, cures, dressings, minor pain ... the more serious issues are reserved for the doctor at the health center within the team of monitors. This person is also responsible for administering medication and overseeing the development of all the sick camp, sometimes helped by the group coordinators.

7.7. VEHICLE SUPPORT

The camp has a support vehicle. The vehicle is available for any emergency.

7.8. MATERIAL

Once in the camp room is intended exclusively for ordering material periodically monitors do not have difficulties to find what they seek.

In addition to the specific material for the activities planned is a lot of material that children / as can use in their free time: balls, jump ropes, chess, cards, wire for bracelets ...

7.9. SAFETY

Safety is a key concern in programming activity. ATZ has a Public Liability Insurance covering all our activities and Accident Insurance for all participants. Also avoid unnecessary risks by assessing the risk in each activity

7.10. TRANSPORTES

El transporte se realizará en autocar desde Madrid. El punto de salida y regreso es el barrio.



7.11. BUDGET

CONCEPT	SPENDING
1. TRANSPORT	\$1363
2. LODGING	
2.1. STAY	\$2.410
2.2. KITCHEN RENTAL	\$206
2.3. FOOD	\$1.377
TOTAL	\$3.993
3. PERSONAL	
TOTAL	\$2.341
4. OTHER EXPENSES	
4.1. EQUIPMENT	\$275
4.2. ADVENTURE ACTIVITY	\$743
4.3. ASSISTANT CAR	\$206
4.4. CONTINGENCY	\$206
TOTAL	\$1.430
TOTAL EXPENSES CAMP	\$9.127

7.12. CONTACT

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