

Enabling children recover from violence.

1. Introduction of the Organization

SERVICE AND RESEARCH INSTITUTE ON FAMILY AND CHILDREN (SERFAC) is an International Non-Governmental Organization and a Registered Society in India. SERFAC has SPECIAL Consultative Status with Economic and Social Council (ECOSOC) of the United Nations – New York since 1998. Established in 1986, SERFAC links grass root experiences, educational institution experiences, with programs, research and policy to minimize the breakdown of families and promote their security. SERFAC's micro and grass root programs are rural project and issue based through individual, family, community and or institutional approaches. Its macro programs are interdisciplinary research, publications, International/global conferences, networking and partnering with local, national and global organizations. In both approaches SERFAC endeavors to create platforms for networking sharing experiences, learning from one another on the indispensable role of family as a social institution for the future of humanity.

Mission Statement of SERFAC:

1. Protection and nurturing of the person through all stages of life: e.g. child protection from abuse, protecting from domestic violence, preventing breakdown of families....
2. Cultivation of integrity, equality and respect in human relations: e.g. respecting the human person, gender equality in family and work place, honesty in word and deed.....
3. Promotion of a just, violence free, peaceful and sustainable society: Cognizance of factors that lead to violence, suicides, anti social behavior are undertaken through its programmes and direct contacts that positively minimize family breakdown, minimize violence and works towards peace building....

Submitted written statements by SERFAC to the United Nations:

a) The UN Commission for Women

“Elimination and Prevention of Violence against Women and Girls require a two faceted approach a) primary prevention and b) multi sector services and responses - November 2012.”

b) The UN Commission for Social Development

“Promoting empowerment of people in achieving poverty eradication, social integration, full employment and decent work for all - December 2012.”

c) The UN Commission for Social Development

“Refining Strategies and Family Inclusion for Poverty in India” February 2012

2. Programme a brief:

Childhood and youth are vulnerable phases of a person's life. These vulnerabilities are enhanced due to family poverty, family violence, family instability, broken homes, crime, abuse and different forms of risk behaviors, murders and suicide. Being in their formative years, children and youth are impressionable and susceptible in repeating behaviors witnessed by them in adults. Hence there is the need of creative and committed provider services to educate parents and care givers, youth and children in confidence building, enabling them to speak about their history, talk about their problems and seek help to overcome it. For parents and care givers programs and training for parenthood, raising their children with understanding and family life education.

Most of the programme work will focus on:

- Children/youth and their families – where they are loved, valued and enabled to fulfill their potential.
- Educate parents and care givers to end cruelty to children.
- Give Children and youth the help, support and environment they need to stay safe from cruelty.
- Educate law enforcement individuals on family and social factors that lead to crime.
- To be seen as an institution to turn to for children and youth for safety, security and recovery.

3. Proposed Programmes will focus on 500 children belonging to lower income family.

a. **Youth in Juvenile Institutions** - Collaboration with 5 Juvenile Institutions in Chennai and Kancheepuram Districts that work with the rehabilitation of young social offenders and have been legally sent for rehabilitation. One week residential programme for the children at SERFAC.

- Assessment of conditions in the respective juvenile homes to assess physical and emotional environment – create base-line data
- Confidence building interaction to enable them to speak about their history involving them to talk of their problems.
- Helping them to overcome it.
- Presenting opportunities for education, technical education and talent development.
- Identify tendencies that lead them to overcome such tendencies and seek help if necessary.
- Adolescence and young adulthood – Biological and emotional changes and channeling them for positive living.
- Family life education
- Peace support
- Medical services and check up.
 - No. of children to be covered - 5 juvenile homes x 50 children = 250
 - No. of groups to be conducted – $250/30 = 8$ batches
 - Cost per group – Rs.2,15,000/-
 - Cost for 8 groups – Rs.17,20,000/-
 - Medical services - 2 Camps in a year – Rs.50,000/- (Rs.25,000/- per camp)

Sl.No.	Item	No. of Units	Unit Cost	Amount (Rs.)
1	Rental for Hall & Audio Visuals	7 days	5000	35000
2	Food & Accommodation	6 days x 32	750	168000
3	Honorarium for Resource Persons	2	2000	4000
4	Travel for Resource Person	2	1500	3000
5	Documentation		Lump sum	2000
6	Contingencies		Lump sum	3000
	Total			215000
	Cost for 8 batches			1720000
	Medical camps	2	25000	50000
	Grand Total			1770000

b. **Programmes for Schools & Creches** - Collaboration with 5 Schools in Kanchipuram district.

(i) One week programme for parents on Family and support services.

- Education for Parenthood, for parent relationship and parent child relationship
- Personal, social and health education
- Understanding Children's needs improve partnership skills and cope with pressures that might otherwise cause them to harm their children.
- Safety in the home and money management.
- Children's food
- Self-help, building self-confidence and problem solving skills
- Early intervention and seeking help
- No. of parents to be covered - 5 schools x 50 (25 couples) x 5 classes (from 1st to 5th std.) = 1000
- No. of batches to be conducted – 1000/30 = 33 batches
- Cost per group – Rs.1,17,000/-
- Cost for 58 groups – Rs.38,61,000/-

One week Programme for Parents				
Sl.No.	Item	No. of Units	Unit Cost	Amount (Rs.)
1	Rental for Hall & Audio Visuals	7 days	5000	35000
2	Food & Refreshment	7 days x 32	250	56000
3	Training Kit & Stationery	30	100	3000
4	Travel for participants	30	500	15000
5	Travel for Resource Person	2	1500	3000
6	Documentation		Lump sum	2000
7	Contingencies		Lump sum	3000
	Total			117000
	Cost for 33 batches			3861000

(ii) Two days training programme for teachers and care givers

- Training and advice to Teachers and care givers in a wide range of protection areas.
- To identify signs of possible abuse in family or community and give children the skills they need to protect themselves.
- Counseling/helping skills – understanding children.
- Personal, social and health education
- Family life education.
 - No. of teachers to be covered - 5 schools x 15 = 75
 - No. of care takers to be covered - 5 juvenile homes x 6 care takers= 30
 - No. of batches to be conducted – $105/30 = 4$ batches
 - Cost per group – Rs.44,500/-
 - Cost for 3 groups – Rs.1,78,000/-

Two days Programme for Teachers/Care Givers				
Sl. No.	Item	No. of Units	Unit Cost	Amount (Rs.)
1	Rental for Hall & Audio Visuals	2 days	5000	10000
2	Food & Refreshment	2 days x 32	250	16000
3	Training Kit & Stationery	30	100	3000
4	Travel for participants	30	250	7500
5	Travel for Resource Person	2	1500	3000
6	Documentation		Lump sum	2000
7	Contingencies		Lump sum	3000
	Total			44500
	Cost for 4 batches			178000

(iii) Programmes for creches and primary schools

Sl. No.	Item	No. of Units	Unit Cost	Amount (Rs.)
1	Nutritional supplements for creches	15 children x 5 creches x 4 times a month x 12 months	Rs.100/- per child	360000
2	Nutritional supplements for schools	500 children x 12 months	Rs.200/- per child	1200000
3	Providing toys and organizing games for crèches	5 creches	Rs.10,000/- per crèche	50000
4	Providing toys and organizing games for schools	5 schools	Rs.20,000/- per school	100000
5	Immunization programs for crèches	5 creches	Rs.10,000/- per crèche	50000
6	Immunization programs for schools	5 schools	Rs.20,000/- per school	100000
7	Elementary introduction to civic education	10 programs (Two sessions per school - once in 6 months)	Rs. 2000/-	20000
8	Sessions on Food habits, health and Hygiene	10 programs (Two sessions per school - once in 6 months)	Rs. 2000/-	20000
9	Medical camps	2 Camps in a year	Rs.25,000/-	50000
10	Two days training for Ayahs	1 batch	41500	41500
	Total			19,91,500

- Two days training for Ayahs

Two days Programme for Ayahs				
Sl.No.	Item	No. of Units	Unit Cost	Amount (Rs.)
1	Rental for Hall & Audio Visuals	2 days	5000	10000
2	Food & Refreshment	2 days x 32	250	16000
3	Travel for participants	30	250	7500
4	Travel for Resource Person	2	1500	3000
5	Documentation		Lump sum	2000
6	Contingencies		Lump sum	3000
	Total			41500

c. Programmes for legal enforcement authorities – Two days programme for Police officials and lawyers.

- Family: Its roles, functions and responsibilities.
- Family breakdown: causes and consequences
- The anatomy of violence and crime.
- Being a youth becoming a Juvenile offender
- Counseling skills
- Legal frameworks on judgment, institutionalization, recovery, rehabilitation and mainstreaming

Two days programme for legal enforcement authorities				
Sl.No.	Item	No. of Units	Unit Cost	Amount (Rs.)
1	Rental for Hall & Audio Visuals	2 days	5000	10000
2	Food & Accommodation	2 days x 27	750	40500
3	Training Kit & Stationery	27	100	2700
4	Travel for participants	25	500	12500
5	Honorarium for Resource Persons	4	1500	6000
6	Travel for Resource Person	4	1000	4000
7	Documentation		Lump sum	2000
8	Contingencies		Lump sum	3000
	Total			80700

Budget Summary				
Sl.No.	Category	No. of batches	Amount	In Dollars
I	Juvenile Institutions			
1	Programme for Children	8	1720000	28008
2	Medical Services		50000	814
	Total I		1770000	28823
II	Programmes for Schools & Creches			
3	Programme for Parents	33	3861000	62872
4	Programme for Teachers & Care givers	4	178000	2899
5	Programme for School Children & creches		1991500	32430
	Total II		6030500	98201
III	Programme for legal enforcement authorities			
6	Programmes for Police officials and lawyers	1	80700	1314
	Total III		80700	1314
IV	Professional Cost			
7	Professional Fee for Medical Specialists/Doctors and Consultation		772968	12587
8	Emergency Transportation and Hospital cost(in case of need) for recovering juveniles and parents who are prone to depression and suicidal tendencies		667035	10862
	Total IV		1440000	23449
	Grand Total		93,21,200	1,51,786