

About UDHA

Uganda Development and Health Associates (UDHA) started its operations as a Community Based Organisation (CBO) in April 2003 in Iganga District, in Busoga Sub Region, Eastern Uganda and was registered with the NGO Board in 2005, Ministry of Internal Affairs (under Certificate No. S.5914/5826) to operate all over Uganda. Since August 2005, UDHA has expanded its operations to Mayuge, Luuka, Iganga, Bugiri, Kaliro and Namutumba Districts. In the future, we intend to consolidate our work in the entire Busoga region, which together has a total population of about 3 million people in seven districts.

Our Vision:

A fully empowered society that takes care of their health and development needs.

Our Mission:

To engage a multi-sectoral and professional approach with strong community participation and ownership for the enhancement of health, rights and development initiatives.

Our Objectives:

1. *To Improve Community health services accessibility*
2. *To equip Young people and women with life skills and livelihood skills*
3. *To develop Strategic partnerships with local, national and international institutions.*

*"Our Lives begin to end the day that we become silent about things that matter."
Martin Luther King, Jr.*

UGANDA DEVELOPMENT AND HEALTH ASSOCIATES (UDHA)



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What does UDHA do?

UDHA is involved in various community-based programs in community health, specifically addressing HIV/AIDS, malaria control, reproductive health, maternal and child health and nutrition; Empowerment for income generation among youths and women through income generation activities and vocational training; and advocacy for rights specifically focusing on access basic health and needs.

We believe that, local problems require local solutions. And our programming is designed to facilitate community participation in project design, implementation, monitoring and evaluation. Currently we work with over 200 community volunteers in our operation area.

Projects that we run include;

TB, HIV/AIDS project;

Since initiation, UDHA has operated a number of HIV/AIDS related projects including Orphaned Vulnerable Children project in Mayuge and the rest in Iganga and Luuka. We aim to provide access to care, treatment and support. With a strong network with the local government and other development partners we provide services like HCT, TB screening and Testing, prevention mechanisms through ABC+ model, biomedical prevention through other health service providers.

Nutrition for children under five years

In partnership with Globemed at Washington University in 2010, we initiated a community based nutrition program for children under five years in Naigobya parish, Bukooma sub-county in Luuka District. There was a need to address the level of malnutrition, food security, health in this area. The community selected a team of community volunteers to carry out growth monitoring and promotion, enforce backyard farming through village demonstration gardens and link the community to Naigobya health facility for care and support.

Iganga Youth Resource Center

Its Since establishment in 2003, UDHA operates and runs a youth resource center with the support of development partners like Globemed, Foundation for Sustainable Development, Restless Development to provide youth friendly services to the youth and a resource center. We have reached over 50,000 youths in Iganga District through our activities that include; in school and out of school reproductive health education outreaches, offering guidance counseling, peer mentorship, income generation, HIV counseling and testing, income generation activities, music dance, Information, Education, Communication materials and drama and outdoor and indoor games.

Naigobya, Nkono and Maina health centers

We strive to see that access to health is achieved as stated in MDGs, its our mandate as UDHA to see to it that communities access and demand for health services as a right. Its in this endeavor that UDHA provides health care to the rural and urban communities. At our health centers we provide services like maternity, laboratory, radiography, admissions, outpatient services and general clinical care and education. We also organize and offer free services during our ‘visiting doctors program’

Naigobya Technical Institute

UDHA is committed to literacy building in communities. Naigobya technical institute registered with the Uganda Private Vocational Institutions Association (UGAPRIVI). The institute provides students with both academic education and technical skills in carpentry, building and brick laying and tailoring. since inception has passed out over 1000 technicians in different trades including building, carpentry and tailoring. The school accommodates 20-30 students. They also carry out Agriculture since the school facility owns 25 acres of land. The school also acts as a community platform where the community convenes for sensitization.

Maternal and Child health Project

In our design and implementation we integrated maternal health in nutrition project and reproductive health services at

Maina helath center II. We started with a small pilot project in Maina parish with a major aim of improving maternal and newborn survival home care practices during antenatal and postnatal period, linking the community to health facility, increase male involvement and increase contraception prevalence.

UDHA Volunteer initiative

Since Initiation UDHA, has had a strong volunteer programming which includes both national and international volunteers. We believe in improving our competence with both technical and student volunteers. UDHA has worked with over 100 volunteers both national and international. We also run an internship program for University students at different times of the year.

Our Strategic focus

- Capacity development.
- Resource mobilisation.
- Market UDHA both locally and internationally.
- Volunteer development
- Develop and maintain strategic networks and collaborations with national and international development partners.

UDHA Partners

Some of our partners include;

- Reproductive Health Uganda, Iganga branch.
- Family Life program (FLEP)
- Community integrated Development Activities against Poverty and AIDS (CIDAPA).
- Rural and Urban Community Development Initiative (RUCODI)
- Foundation for Sustainable Development (FSD) www.fsdinternational.org
- USAID- Strengthening TB and HIV/AIDS Responses in East and Central Uganda www.starecuganda.org
- Local Government: Iganga, Mayuge, Bugiri, Kaliro, Namutumba and Luuka districts.
- Restless Development: www.restlessdevelopment.org
- Bantwana initiative; www.bantwana.org
- A global connection; www.aglobalconnection.org
- Iganga–Mayuge DSS project.
- Safe mothers safe babies.
- Globemed at Washington University www.globemed.org
- Craftsbyyouths supporting youths Income generating activities www.craftsbyyouths.org
- Slum Doctors Program (SDP), www.slumdoctor.org
- Nick Thompson.