

Monthly Newsletter

JULY 2014]

## Udhayam is back!

A monthly newsletter,

## Udhayam will give you crisp updates on the happenings at

## Sri Arunodayam





# Udhayam

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Dear Friends,

Sri Arunodayam Charitable Trust provides care, protection and rehabilitation for mentally challenged children who have been abandoned by their families. Presently 115 children and adults are under our care. Yes! Many of the children who came to us have now grown into young adults.

It is overwhelming to see the growth of the children, the number of children and that of the organization. What started off as a small service at Sivananda Nagar, Kolathur has now branched into three homes. Each facility serves a specific category. Children from 0-8 years stay at the Sivananda Nagar home. Older children who are given special education, physiotherapy and those children in custodial care stay at Madanankuppam home. Adults who can be trained vocationally stay at the Kallikuppam home. Prayatna – vocational training centre, functions at Kallikuppam.

All this has happened because of kind hearted, generous people like you. Each one of you has chipped in with your own bit to build this wonderful home for the children. What their biological parents failed to do for these children, all of you have done and continue to do.

It is our responsibility to keep you updated with the interesting and important happenings at Sri Arunodayam. Please do spare a few moments to give us your valuable feedback.



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## In the month of July

- Two children, Kannan and Pooja were admitted in Sri Arunodayam.
- Baby Thejasri was very ill. She did not respond to treatment and passed away.
- 1<sup>st</sup> and 2<sup>nd</sup> July Global Giving and Social Media for Non-Profits conducted a two day summit on Social Media and Online Giving. Iyyappan Subramanian and Radha Jagan attended the summit.
- 8<sup>th</sup> July ICPS conducted a one day seminar on Child Sex Abuse. Jayachithra Deepak and Pandi Ganesan from Sri Arunodayam attended the seminar.



8<sup>th</sup> – 14<sup>th</sup> July – Hindu Spiritual Fair was held at Thiruvanmiyur, Chennai.

Prayatna team exhibited and sold their products at the fair.



13<sup>th</sup> – A bharatanatyam performance was conducted by 15 year old Kumari Vidyaagauree Gudivada at Bhartiya Vidya Bhavan, Mylapore. Through this dance performance she raised Rs.77,000 that she donated to Sri Arunodayam Charitable Trust.



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### Meet our children



Yalini is 2 years old. She was abandoned at the Primary Health Centre, Jolarpet on 15.01.2013. The police rescued the child and handed over to SRDPS adoption agency. Subsequently the baby was transferred to Sri Arunodayam on 03.09.2013 by the Department of Social Welfare.

She endures severe tightness in the spinal muscles and calf

muscles, foot drop and muscles of the hands are tight. She is given exercises to stretch and strengthen the muscles. Back stretching, cross sitting, forward and backward bending exercises are also given. Now Yalini is able to sit in the CP chair, head control is achieved partially; she can stand up to half an hour while strapped in the standing frame. She is progressing well.

### How you can help us

You can join us to serve the children better by contributing money / material. Some options are,

- 1. Sponsor a day's breakfast for the 115 children Rs.2500
- 2. Sponsor a day's lunch for the 115 children Rs.3500
- 3. Sponsor a day's evening snack for 115 children Rs.1500
- 4. Sponsor a day's **dinner** for the 115 children **Rs.2500**
- 5. Sponsor vegetarian meals for an entire day for 115 children Rs. 6000
- 6. Sponsor a cup of milk for a day for 115 children Rs.500
- 7. Sponsor vegetables for a day for 115 children Rs.700



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- 8. Sponsor living expenses for a child for a month Rs. 500
- 9. Sponsor diapers for a child for a month Rs.650
- 10. Sponsor psychiatric medicines for one month for a mentally challenged child Rs. 750
- 11. Sponsor annual health check up for a mentally challenged child Rs.2000
- 12. Sponsor special education training for a child for one month Rs.650
- 13. Sponsor a new dress for a mentally challenged child Rs.600
- 14. Sponsor physiotherapy treatment for a child for one month Rs.750
- 15. Sponsor a monthly recreational outing for 115 children Rs. 10,000
- 16. Donate any amount towards the children's welfare

# SRI ARUNODAYAM

Home for Mentally Challenged Destitute

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