



Oasis For Girls partners with girls and young women of color from under-resourced communities to help them discover opportunities and explore their dreams. Our youth development programs provide a safe space to cultivate the skills, knowledge, and confidence to build strong futures for themselves and their communities.

### Springboard Series

The *Springboard Series for Girls* is a yearlong sequence that emphasizes the development of both internal awareness and external skills. The Series provides girls with opportunities to create trusting relationships with positive, supportive adults, to develop a sense of identity and partnership within their group, and to build and practice key skills.

**1 | Life Skills:** "Discovering Myself" focuses on positive decision-making to navigate the challenges of adolescence. Workshop topics include safer sex, self-defense, healthy relationships, nutrition, and more.

**2 | Arts Education:** "Discovering My World" emphasizes the development of creative writing skills toward improved academic performance and healthy self expression. The Arts Education program is offered through an innovative collaboration with WritersCorps.

**3 | College & Career:** "Building My Future" combines hands-on technology training, academic support, and job readiness skills to support young women in paving a path to school and career.

The Springboard Series is offered 3 times per year, 2-4 hours per day, in 8-12 week sessions with each participant engaging in 80 hours of programming. Participants earn \$300-500 stipends depending on their tenure in the program.

### Our Girls

Oasis focuses on low-income immigrant girls and girls of color, ages 14-17, in San Francisco. We strive to work with girls who are "on the edge" of risk; those who are "off the radar" or unnoticed, disengaged and under-supported; and those who have just begun dabbling in difficulty.

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