



Bicycles for Humanity - GA

Who We Are

Bicycles for Humanity Georgia is a 501(c)(3) non-profit organization with a mission: *to empower individuals to improve their quality of life by transferring mobility through the use of bicycles.* A bike, while hardly more than a recreational hobby for most people in developed countries, is a literal life saver for citizens in impoverished areas of the world. A bike gives doctors a chance to travel between villages at a much faster pace than walking and allows them to transport vital medical supplies as well. In addition, a bike can open up a world of resources for Namibians by providing a sustainable means of travel to employment and education.

What We Do

Bicycles for Humanity Georgia is a project to *create a network of people to work together* and provide bicycles for communities in need in sub-Saharan Africa. As an affiliate of Bicycles for Humanity International, we started B4H GA to bring the opportunity to help to the Atlanta/Athens area, Georgia and the southeast US. We are a hands on organization from the time we receive the bike to the time the shipping container leaves the port, and are involved in the process from start to finish. By collecting and shipping bikes to Africa, we run our chapter with the knowledge of *the profound impact that a bike can have* in a developing country, and in the life of a person living in poverty.

One bike can change a life. One life can change a community.



Contact Us

Bicycles for Humanity -
Athens, GA, Inc.
P.O. Box 5383
Athens, GA 30604
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B4Hgeorgia@gmail.com



To donate or
for more information
visit:

B4HGEORGIA.ORG



Bicycles for Humanity - GA

Empowering individuals to improve their quality of life by transferring mobility through the use of bicycles.

How A Bike Helps

"I am Rauna Fikeipo, 51 years old and a widow without any biological children. My husband died 2003 after he fell sick....He was not permanently employed and therefore did not leave much for myself and the four children I have taken in....My house is an hour walk from the parish and I need to cover that distance twice per day to care for myself....Today I am able to ride and reach the town within a reasonable time....[I] reach home before sun set to prepare dinner for the children....I could not have done so without my bicycle."

"I am living with my grandmother at Olupandu village about 5 km from my school....I wake up at 4:00 am every working day to arrive at school in time and could only reach home after sun set. I did not have enough time to study....[now] I am no more waking up too early. I arrive early enough at school and at home after school and am able to help my grandmother with household activities." – Linus Haufiku

How You Can Help

We are currently collecting 400 second-hand bicycles and raising funds (approximately \$10,000USD) to purchase a 40 foot shipping container and send the donated bicycles to Okalongo, Namibia. You can help by donating a bicycle, donating funds, or by planning a group fundraiser!

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Bicycles for Humanity, Athens, GA, Inc

2010/2011 Project Budget

Project: Okalongo, Namibia

Budget Category	Total Budget (In Dollars)
40 Foot Shipping Container	\$2,000
Transport and Shipping of Container from United States to Namibia	\$8,000
Transportation of Container and Bicycles within United States	\$1,000
Service Fees	\$450
Office Supplies and Equipment	\$500
Fundraising	\$200
Volunteer Management/Retention	\$50
Staff / Personnel	In-Kind Donations
350-400 Bicycles	In-Kind Donations
Subtotal	\$12,200



In collaboration with The Bicycling Empowerment Network Namibia (BEN Namibia), Bicycles for Humanity Georgia's (B4H GA - Atlanta/Athens) 2010/2011 Project will be a shipment to Okalongo, Namibia to continue the sustainment and expansion of the Tuyoleni Bicycle Project. This project began in 2008 with collaboration between Bicycles for Humanity Canada and BEN Namibia. As this particular program has shown great success and great need within the community, B4H GA is currently partnering with BEN Namibia to send a shipment to expand and resupply the project. The 40-foot container with which the shipment will be sent will become a containerized workshop, and will provide a greatly needed resupply of mountain bikes.

Below is a document compiled by Efraim Lipinge, the regional manager of Catholic Aids Action in the North-West Region of Namibia. This document consists of the history of the already established Tuyoleni Project, and the benefits that a bicycle has brought to many living in the area:

Tuyoleni Bicycle Project Success Stories 2010

Tuyoleni Bicycle Project is an Income Generating initiative that was established in 2008 by members from Okalongo Home based Care Group. The project came to existence with the help of Amber Lung a Peace Corps Volunteer who was based at CAA Oshikuku office. She laid all the ground work including finding the source of bicycles through BEN Namibia and other sources for transportation, group mobilization to select the project site and members as well as organizing / coordinating the training for the project members. The project consist of five Home based Care female volunteers and two male former needy orphans who were registered with CAA Okalongo HBC group. All members are still working and committed to the project under the leadership of Ms. Rauha Heita as the Project Manager. This was demonstrated through going to work every day and perform their duties in an orderly manner. The five HBC volunteers remain active in providing care and support to clients and OVC and participate actively in the CAA activities. Since it was officially opened the project had sold many second hand bicycles to the Okalongo community and repaired numerous bicycles daily at their site. In order to fulfill their social responsibility, Tuyoleni Bicycle Project had assisted many clients and children who were living under difficult circumstances among the community consisting of 13 villages. These were identified through community general observation, home

visitation and consultation with community leaders. The in support of community work and in particular the provision of HBC, Tuyoleni had given 28 second hand bicycles to community health workers serving under different organizations. These donations had contributed to shortening the walking time to and from clients during home visits. It also created an alternative transport means to the volunteer when carrying out their households activities. In addition, the project had donated 8 bicycles to community members (4 needy widows and 4 other adults). One of the beneficiaries was Ms. Rauna Fikeipo from Epyaliwa village who expressed her thankfulness to Tuyoleni Project as follows:



"I am Rauna Fikeipo 51 years old and a widow without any biological child. My husband died 2003 after he fell sick at Walvis Bay but died later at Oshikuku Hospital. He was not permanently employed and therefore did not leave much for myself and the four children I have taken in. His death devastated me and affected my health. I was stressed to the extend that I got very ill. I was almost bed-redden but recovered. Due to the loneliness and stress I opted to join the Parish Choir group at Okalongo ELCIN parish and found comfort every time I was singing. Currently I am in three choir groups that meet every Wednesday, Friday and Saturdays. My house is an hour walk from the parish and I need to cover that distance twice per day to care for myself. My path, pass by the Bicycle Project and many times I hurriedly go without greeting. One day I was called aside by our parish pastor and was shown a bicycle. He told me it was donated to me by Tuyoleni Bicycle Project. I could not believe it and cried due to happiness. I had a lot of questions but could not utter a word. Until this day; I do not know how to thank these project members. God is the only one who would thank them through His blessing. Today I am able to ride and reach the town within reasonable time. I manage to do my household work before I come to the group choirs and reach home before sun set to prepare dinner for the children and supervise them while carrying out their routine tasks. I could not have done so without my bicycle. Thank you to Tuyoleni Bicycle Project members. I pray that God pour His blessings on each and every individual member and to all those who have contributed to the establishment and running of the project".

Two (2) bicycles were donated to needy children who are walking long distances to schools. Both were identified through HBC group discussions and community observation. I happen to talk to Linus Haufiku who is attending Grade 11 at Tomas Tutaleni Secondary school at Okalongo.



"I am living with my grandmother at Olupandu village about 5 km from my school. Life was reasonably ok from Grade 1 – 10 until I completed my Grade 10 at Oshatotwa Combined School last year. However this year I was admitted here at Tomas Tutaleni Secondary School in Grade 11 as a day learner. There is no hostel facility and the school is far from our house. I wake up at 4:00 am every working day to arrive at school in time and could only reach home after sun set. I did not have enough time to study. When I reach home I was tired and when I wake up, it was already time to wash and take the trip to school. There is no public transport from our village to town neither could my parents and grandmother do not have money to afford it. My mother and father are living at Odila in southern Angola. There is no school there and I don't want to live there. At first they were saying they will look for a place to stay in town, but later they gave up. My grandmother is taking care of many children and does not have enough resources to manage. I use reach school even before the teachers every day and worked hard to pass my subjects. One day Ms. Rauha Heita and some Tuyoleni Project members came to our school with a bicycle. They went to the principal who called me from our class. I was struck by the news that the project had donated me a bicycle. I could not believe it and could not hide my joy. This gift had made life easy for me. I am no more waking up too early. I arrive early enough at school and at home after school and am able to help my grandmother with household activities. I find time to read during the evenings and spend time with other children. I am happy for Tuyoleni Project and will study very hard to show my appreciation. I am aiming to score 27 points at the end of grade 11 and even higher in grade 12. I want to become an officer under the Tourism sector OR becoming a teacher to contribute to the education of future children".

Apart from donating bicycles to the community members and helping with mobility, Tuyoleni Project is also helping individuals with multiple needs. Some people were helped to service their bicycles free of charge while others enjoyed free repairs of their bikes. Some needy clients benefited from hand out purchased to relief the pressing needs. Among these was Teresia Naambo Mukanda. Teresia is a single lady who is living with her brother and sister in law. She was referred to Okalongo HBC group by the local Health Center in 2008 when she was very ill. She was bed-ridden and could hardly move. Thanks to ART and other medications. Their living condition is poor without food security. They live in a three hut house made up of temporally materials apart from Ms. Teresia's hut that was build of cement bricks. This was done through the intervention of CAA HBC volunteers and staff members from Oshikuku. A visiting couple was taken to the house and donated money for bricks and the construction of the hut. Now Teresia had

fully recovered and utilize her time to wave baskets. Her need was discussed at the HBC group meeting and it was decided that Tuyoleni Project should help at that time.



"I am living with brother and his wife however much of the time I am alone in the house. I have given birth to 2 children but all have died. I am thankful to CAA particularly to these volunteers. I was sick in 2008 and became so thin. I could not walk or help myself. These people came and helped me a lot. They brought me cooked and raw food, they fetched water and wood for me until I gradually recovered. Even this hut of mine, was built with their assistance. I was given a mattress and bedding, clothing and even pay for the builders. One day I was called by pastor Nangongo at Okalongo parish. I went there and he handed to me the kitchen utensils, soap, basin and maize meal saying that all were donated to me by Tuyoleni Project. I was so thankful to them and did not have words to express my appreciation. On my way from the parish, I went to the project and thanked the members for what they have done to me. I am surviving because of these good Samaritans among our community. Now I up and running. I cook my own food and weave my baskets. I have a lot and people should come and buy. Whoever brought the Home based Care service to Okalongo , I pray that God bless him and the people serving in the programme".

Compiled by:
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