



HELIN BROCHURE





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Background

HELIN is a volunteer driven organization that works to uphold the dignity of women and vulnerable groups in Nigeria. We are committed to improve livelihood among women, people living with HIV/AIDS, young people through innovative health, education, development, outreach and Referral Services. We mobilize communities and offer access to information, education, counseling and support through a variety of social, recreational, volunteer opportunities and exchange programs. As women we have a lot to offer to the marginalized group we represent.

Managers of HELIN are group of women from different vocations ,administrators, academicians, social workers, business women, women living with HIV joined together to make life meaningful to vulnerable groups in Nigeria through gender sensitive programs. HELIN is characterized by committed, dedicated and hardworking members and staff whose skills and level of involvement in the organization has proven results in saving lives and reducing the impact of developmental issues in the communities.

Our Land needs healing and that is exactly what we are doing.

It pays to invest in Women. Join us in the response to social, health and developmental issues in our communities.



WHO WE ARE

HELIN is a Nongovernmental organization that focuses on Health, Education and Community Development. The organization started in the year 2000 and was registered under the Ministry of Women Affairs and Social Development as a Community Based Organization (CBO) in 2003. The organization got the status of a Non Governmental Organization with Corporate Affairs Commission in 2007.



Commission

We are committed to working with women, children, people living with HIVAIDS and youth.

Aim

Our aim is to mobilize organizations, target population to respond to Health and developmental issues in the communities.

Goal

To address social and health issues in the communities through innovative strategies.

Mission

HELIN mission is to deliver qualitative and compassionate services to women and vulnerable groups by promoting good health, education and general development in Nigeria.



Vision

HELIN envision a society where women, children and young people have access to health, education and general development through innovative and participatory approach.

Objectives

- i) To design, implement and projects in the areas of health, education, economic and human development through wide range of activities.
- ii) To foster and encourage self reliance and self sustaining skills through community development project, Income Generating Activities (IGA) and Micro-credit scheme..



Life skill training for young women in Akwa Ibom State

- iii) To improve skills of young people through leadership and life skill training and mentoring activities in order to make informed decision and choices about their general well being.
- iv) To design gender sensitive educational and health related programs for target population.
- v) To reduce infant and maternal mortality/morbidity through wide range of activities that promote good health.

- vi) To actively promote the rights of women, youth and children in accordance with provisions made in the Nigerian constitutions and international charters
- vii) To create a forum and coordinate networking between organizations interested in providing some forms of assistance in the provision of capacity building and trainings to women, youth , children and other vulnerable groups..



Treatment Adherence counselling training participants in IBAKA community

CORE VALUES

C- Commitment and Dedication to reach target population.



H- Hardworking to ensure that organizational vision, mission and values are met.



Peer Education Training for in-school youth

I- Uphold Integrity to ensure that policies and procedures of the organization are followed.

A- Uphold Accountability and Transparency in the organizational and financial management.



Mobilizing communities to respond to HIV and health related issues at the community level

HELIN PROGRAM ACTIVITIES



LISTEN ATTENTIVELY (LA) CAMPAIGN

"Listen attentively" is a public education program that increases level of knowledge and involvement of community members in HIV/AIDS and reproductive health issues and community development. The program creates an avenue to engage community leaders and gatekeepers in advocacy/intervention efforts and provide platforms for interaction among members of the communities on key health/developmental issues affecting them. HELIN use this medium to disseminate and forge partnerships on information networking and identify community changers to be trained as care providers and Behavioral Change communication focal persons in communities. The following components form the basis of this project: -

- Home Base Care services
- Outreach activities
- Legal AID services
- Sexual Reproductive Health and Rights issues
- Computer Training
- Referral services



SAVE OUR MOTHERS CAMPAIGN

The infant mortality rate in Nigeria is 95.74, in developed countries a woman's lifetime risk of dying in pregnancy and childbirth is 1 in 8,000 as compared to 1 in 76 in developing countries. It is shameful that maternal death stands as the greatest inequity of the 21st century. In Africa, women are responsible for up to 80 percent of food production, yet over half of African women give birth without a skilled attendant or health worker of any kind by their side. It becomes imperative to invest in health systems, failing to provide the most basic lifesaving care to pregnant women and newborns is a threat to the existence of any nation. When women survive childbirth, they are able to care for their families and make invaluable contributions to the social cohesion and economic vitality of their communities, nations and the world. HELIN works to ensure all women have access to the lifesaving care especially among the poorest and most vulnerable people in the community.

It is on this premise that HELIN works to promote mother and child survival at the community level. We provide services to ensure that all women have access to family planning, skilled care at birth, emergency obstetric care and postpartum care and prevention of mother to child

transmission (PMTCT) and voluntary counselling and testing(VCT) This campaign seeks to advocate for government and communal investment in health workers and health system functioning and strengthening. The following services are being provided:-

- Community dialogue meetings and outreach
- Advocacy
- Press conferences/releases
- Referral services

SAVE OUR CHILDREN (SOC) CAMPAIGN



Since the first case of AIDS in 1996, Nigeria has approximately 918,000 orphans and vulnerable children. The steady rise of HIV infection has led to rapid increase in the number of orphans due to the higher number of people living with HIV/AIDS (PLWHA) who begin developing AIDS related symptoms. The OVC situation needs recognition and should be campaigned for to address their needs. Save our children campaign is a program that improves the health, nutrition,

psychological care and development of orphans and vulnerable children including their Guardians/Grandparents in Nigeria.

HELIN uses the campaign to advocate for comprehensive care and support for orphans and vulnerable children. HELIN uses Green ribbon as symbols for care and support for OVCs. The components of this project include the following activities:-

- Back to school Program
- Skill acquisition (tailoring, furniture making, carpentry, income generating activities etc) for OVCs and their Care givers/Guardians.
- Provision of books, school uniforms, school fees etc.
- Provision of shelter, food, clothing's for OVCs and their Care givers



Creating emerging leaders in disadvantaged communities in Lagos State

LIKE MINDS (LM) CAMPAIGN

Like minds Campaign (LM) is designed to inform young people about Sexual and Reproductive health issues including prevention of HIV/AIDS through gender sensitive education and practical support for behavior change, promotion of abstinence, be faithful and condom use through the media (television, radio etc) and other means of information dissemination. Young people need access to accurate information, youth friendly services to make informed decision about their lives. LM objective is to increase young people's knowledge on sexual reproductive health issues and encourage them to adopt behaviors that reduce the risk of unwanted pregnancy and unsafe abortion. HELIN use LM Campaign to encourage young people to seek information and services and increase parents and child communication. LM also provides linkages and referral system where more information and services are available. Young people enlighten their peers through Dramas and role-plays in LM campaign. Activities embodied in this campaign are as follows;

- Leadership Training
- Interpersonal Communication
- Dialogue meetings
- Peer Education
- Peer Education Plus
- Drama, Songs and choreography Plays to convey Health and HIV/AIDS messages
- Dissemination of IEC materials and promotion of condom use
- Referral to Clinics and Hospitals for treatment
- Community development support in the form of construction work like schoolrooms, (equipments etc), clinic, borehole, toilets and communal income generating activities.



Empowering women through skill training for improved livelihood



Computer training for out of school youth

BOARD OF TRUSTEES MEMBERS

- Valentine Ime Attah
- Dr. Effiong Essien Inyang
- Edemanwan Udo
- Aniefiok Okon Ekwere
- Brendan Ugwu
- Edward Ogenyi
- Doris Ugwu



Mobilizing hard to reach communities (Ibaka)

STAFF

- Brendan Doris Ngozi- Program Director
- Ihe Jecinta Nkiru_ Finance Manager
- Jacob Mercy Edem-Program Manager
- Augustine Peace -M&E Officer
- Chinyere Nwogu-Office Assistant

SOURCE OF FUNDING SUPPORT

- African Women Development Fund (AWDF)
- Association of women living with HIV and AIDS in Nigeria (ASWHAN)
- Association of OVC NGO in Nigeria (AONN)
- United Nation Development Program (UNDP)/Akwa Ibom State Ministry of Economic Development
- Ministry of Women Affairs and Social Development
- Akwa Ibom State Action Committee on HIV and AIDS (AK-SACA)
- NYNETHA



Working with young people in the community

HOW TO PARTNER WITH HELIN

You can partner with us through your in-kind contribution to the following activities in the communities:-

- Community Dialogue meetings
- Peer Education Program
- Leadership Program
- Prevention of mother to child transmission outreach
- Malaria Education Program

For details email us @ healthelandorganization@yahoo.ca. or call Brendan Doris on 08039114259.



Training Care givers on bead making



Condom Education and distribution program



Working together with community members on emerging developmental issues.

Volunteer and Exchange Programs

Volunteer service is one of the avenues HELIN use to carry out activities in the communities as a Not for Profit Organization. Our volunteer services create opportunity for you to feel the Nigerian culture and work with local and indigenous people in the communities.

Our volunteer services cut across:-

- Event Planning
- Community Development
- Outreach Activities
- Fund Raising
- Teaching in schools/communities
- Peer Health Education
- Counseling and Home Base Care etc
- Medical services to communities

Are you are interested to assist and provide social and welfare services in the communities. Are you interested to make a change and put smile on somebody's face? Then join our team to provide volunteer services to communities and vulnerable groups. Send a Letter of Intent to the **Administrator** on heliyouthforum@yahoo.com for application form and details.

Your letter of intent will take 10 days to be reviewed and feedback given to you.

Donations

HELIN depend on individual and corporate bodies support and financial donations to carry out all these activities in Nigeria. Your donation is an indispensable resource to support our work in hard to reach communities. You can be involved in HELIN projects through your involvement or donation to support the following activities:

- Like Mind Campaign
- Listen attentively
- Save Our Children Campaign
- Save our Mothers campaign
- Ask a Question
- Outreach Newsletter

Donation should be payable to:

Account Name: Heal the Land Initiative in Nigeria

Account Number: 3312010033177

Bank: First Bank Plc, Uyo



Audited Account

RABO USMAN & CO
(Chartered Accountants)

P.O.BOX 6261 ANGLO – JOS, JOS SOUTH L.G.C
PLATEAU STATE - NIGERIA.

REPORT OF THE AUDITORS TO THE MEMBERS OF AFRICA WOMEN DEVELOPMENT FUND (AWDF).

We have audited the statement of Receipts and Payments of Heal the Land Initiative in Nigeria project Account in respect of their Project No: AWDF/HAF/048 for the period January 2009 to December 2009.

We have conducted a test audit of the said Accounts and we report as follows:

1. Separate and proper books of Accounts which are considered necessary for the purpose of our audit, has been maintained.
2. Separate Bank Account for the Project assisted by Africa Women Development Fund has been maintained.
3. The Statement of Accounts referred to above is in agreement with the Books of Account.
4. According to information and explanations given, the expenditure has been adequately authorized and within the local context, the expenditure is reasonable.
5. The Agreement between Heal the Land Initiative in Nigeria and the Project Partner has been adhered to.
6. The said Accounts according to the information and explanations given, reflects the correct statement of the Receipts and Payments.
7. The notes attached to this Certificate form part of the Account.

CHARTERED ACCOUNTANTS

Date: 20th January 2010

HEAL THE LAND INITIATIVE IN NIGERIA

Financial Report

Reporting period: 1st January 2009 to 31st December 2009

Project Number: AWDF/HAF/048

Project Title: HIV/AIDS awareness campaign and training of home base care givers/treatment literacy counselors for quality service delivery in some hard to reach communities in Akwa-Ibom and Lagos states.

Project Partner: Heal the Land Initiative in Nigeria

A: RECEIPTS

	Budgeted income		Actual income		
Source	Dollar \$	National currency NC	Previously reported NC	During reporting period NC	Total to date NC
	1	2	3	4	5
Grant received	15,000	2,198,315		2,198,315	2,198,315
Other income	-	-		-	-
Total	15,000	2,198,315		2,198,315	2,198,315

B: PAYMENTS

	Budgeted Payments		Actual Payments		
	1	2	3	4	5

Item	Dollar \$	National currency NC	Previously reported NC	During reporting period NC	Total to date NC
1.0 Programme cost					
1.1 HIV/AIDS awareness campaign	1,979	290,429		290,429	290,429
1.2 Training on home-based care givers	4,960	720,737		720,737	720,737
1.3 HIV/AIDS treatment Literacy Training	4196	618,853		618,853	618,853
1.4 Advocacy visits to community leaders	<u>1,521</u> <u>12,656</u>	<u>223,130</u> <u>1,853,149</u>		<u>223,130</u> <u>1,853,149</u>	<u>223,130</u> <u>1,853,149</u>
2.0 Administration & Coordination					
2.1 Bank charges	40	5,813		5,813	5,813
2.2 M&E Tools	-	55,000		55,000	55,000
2.3 Audit fees	304	45,000		45,000	45,000
2.4 Office equipment	1,500	220,453		220,453	220,453
2.5 Submission of written Report	<u>500</u> <u>2,344</u>	<u>73,900</u> <u>345,166</u>		<u>73,900</u> <u>345,166</u>	<u>73,900</u> <u>345,166</u>

Total	15,000	2,253,315		2,253,315	2,253,315

SUMMARY

	Amount
	N
1. Balance of project funds at start of reporting period	0
2. Add total income during the reporting period	2,198,315
3. Less total expenditure during the reporting period	<u>2,253,315</u>
4. Balance of project funds at the end of reporting period	<u>(55,000)</u>
5. Cash status	

	Amount
	N
-Cash at hand	0
- Cash at bank	0

Explain difference between 1-4 above and item 5 if any:

6. Details of major prepayments and liabilities:

This is to confirm that the contents of this Report are in accordance with the Letter of Approval, the Budget and the project agreement entered into by the Partner and African Women Development Fund (AWDF).

HEAL THE LAND INITIATIVE IN NIGERIA (HELIN)



Charity Registration No: CAC /IT/NO 25225
...keeping Hope Alive for Humanity

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